



A New Resource for In-Depth Planning

Person-Centered Planning Specialists Now Available Around Idaho

The Idaho Council on Developmental Disabilities is pleased to announce the availability of expert person-centered planning facilitators around the state of Idaho. Thirteen people have completed intensive training to become Person-Centered Planning (PCP) Specialists and will work with adults and transition-age youth (14+) with developmental disabilities who live in Idaho communities.

Person-centered planning is a valuable tool used to help individuals create a plan that is focused on their life goals and dreams and includes supports and services to meet their needs. The focus of this new model is to help individual's build relationships and connect to their communities. PCP Specialists are trained to plan with and prepare the person to fully participate in the planning session with support from family, friends and community members that make up a Circle of Support. This service is **free** to individuals and their families.

PCP Specialists...

- Meet with the individual to get to know them and their goals and needs.
- Help the individual prepare to participate in person-centered planning.
- Facilitate the planning session with the person's circle of support.
- Ensure the individual, their ideas, and goals are leading the discussion.
- Graphically record the session with pictures and symbols.
- Meet with the service coordinator, support broker, teacher and others to share information for the individual's plan.
- Assess informal support caregivers' needs and connect them to local and state resources.
- Follow-up with the individual and their circle of support.

Contact information for PCP Specialists is on the back of this sheet. More information about the Specialists and an interactive map can be found at <http://www.idahocdhd.org/dnn/personcenteredplanning>.

PCP Specialists are working as part of a federal Real Choice Systems Change grant. The Council intends to promote this new model of planning and improve systems to incorporate more person-centered practices for people with disabilities in Idaho.

Person-Centered Planning Specialist Contact Information:

| PCP Specialist | Hometown | Phone Number | Email |
|-------------------------------------|---|--------------------------------|--|
| Corinne Johnson | Coeur d'Alene | 208-661-7866 | corjoh@icehouse.net |
| Jill Smith | Coeur d'Alene | 208-659-1643 | smithmaji@hotmail.com |
| Jill Young | Coeur d'Alene | 208-660-8550 | blueskyplanning@gmail.com |
| Melanie Scott | Moscow/Deary | 208-877-1444 | mjs@turbonet.com |
| Jo Lynn Garrison | McCall | 208-634-1017 | jandngarrison@frontiernet.net |
| Tom Snyder | Caldwell/Nampa | 208-880-9623 | TomSnyderPCP@cableone.net |
| Judy Secrist | Boise | 208-343-6973 | judyorbobsecrist@msn.com |
| Dawn Sauve | Boise | 208-602-7283 | dsauvesquest@yahoo.com |
| Trina Balanoff | Boise | 208-319-4639 | trinahelpsUplan@cableone.net |
| Bonnie Connell | Mountain Home | 208-409-3587 | bonijn@msn.com |
| Yaritza Carral | Twin Falls | 208-410-9422 | reinaritza@hotmail.com |
| Amber Betzer | Idaho Falls | 208-419-5179 | berlyns@yahoo.com |
| Shelly Nelson | Firth/Idaho Falls | 208-403-6865 | |
| Meg Gäg Training Coordinator | Center on Disabilities & Human Develop., U of I, Moscow | 208-885-3743 | meggag@uidaho.edu |
| Tracy Warren Project Coordinator | Idaho Council on Developmental Disabilities, Boise | 208-334-2178 1-800-544-2433 | tracy.warren@icdd.idaho.gov |

SEARCH
OVER
11,000
IDAHO
RESOURCES

Check out Idaho's new comprehensive web-based
community resource directory...

IdahoHelp is a website that includes over 11,000 Idaho local and state community resources and a clearinghouse of information to address the needs of individuals with disabilities and their caregivers. People can search a variety of ways including by their local community or zip code. Check it out at:

www.idahohelp.info