



ARIZONA BENEFITS

Covered Long-Term Care Services

- **Attendant Care**: a combination of services which may include homemaking, personal care, general supervision and companionship. This service may enable members who might otherwise be in a nursing facility or home and community based alternative residential setting to remain at, or return to, their own home.
- **Augmentative Communication**: devices to help in communication
- **Behavioral Health**: care for individuals with behavioral health needs
- **Day Treatment and Training**: training, supervision and therapeutic activities to promote skill development in independent living, self-care, communication and social relationships
- **Extended Employment Services**: training and ongoing supports to persons engaged in work
- **Habilitation** : training in independent living skills or special developmental skills; sensory-motor development, orientation and mobility, therapies and behavior intervention designed to increase independent functioning
- **Home Health Aide**: assistance and supportive care with activities of daily living
- **Home Health Nurse**: skilled nursing services
- **Homemaker**: help with housecleaning
- **Home modification**: a service that provides physical modification to the home setting that enables the individual to function with greater independence and has a specific adaptive purpose
- **Hospice**: care for terminally ill individuals
- **Non-Emergency Transportation**: must be medically necessary and to or from another ALTCS service
- **Respite**: a temporary break for caregivers to take time for themselves. The Division can authorize up to 600 hours within a 12 month period of time.

The 12 months run from October 1st through September 30th of the next year. The amount authorized is based on assessed need

- **Support Coordination**: coordination of services
- **Therapies**: occupational, physical, and speech

Residential Services

Community-based options include:

- **Adult Developmental Home**: Provides care for up to three individuals 18 years or older
- **Child Developmental (Foster) Home**: Provides care for up to three children birth to 18 years of age.
- **Group Home**: Provides a community residential setting for up to six people.
- **Assisted Living Centers**: Provides supervision and coordination of necessary services to more than 10 individuals. Usually, individuals in this setting are 60 years of age and older. This setting includes a living and sleeping space, kitchen area, and storage area. Individuals must be offered a choice to live alone (single occupancy).

Covered Behavioral Health Services

- **Behavior Management**: behavioral health personal assistance, family support/home care training, self-help/peer support
- **Behavioral Health Case Management Services**
- **Behavioral Health Nursing Services**
- **Behavioral Health Therapeutic Home Care Services**: formerly known as Therapeutic Foster Care
- **Emergency/Crisis Behavioral Health Care**
- **Emergency and Non-Emergency Transportation**

- **Evaluation and Assessment**
- **Individual, Group and Family Therapy and Counseling**
- **Inpatient Hospital Services**
- **Institutions for Mental Disease** (with limitations)
- **Laboratory and Radiology Services for Psychotropic Medication Regulation and Diagnosis 10**
- **Non-Hospital Inpatient Psychiatric Facilities**: residential treatment centers and sub-acute facilities
- **Opioid Agonist Treatment**
- **Partial Care**: supervised day program, therapeutic day program and medical day program
- **Psychosocial Rehabilitation**: living skills training; health promotion; supportive employment services
- **Psychotropic Medication Adjustment and Monitoring**
- **Respite Care**: The combined total authorized by the Division and behavioral health cannot be more than 600 hours within a 12 month period of time. The 12 months run from October 1st through September 30th of the next year
- **Rural Substance Abuse Transitional Agency Services**
- **Screening**

ALTCS Member-Directed Options

Member directed models or options allow members to have more control over how certain services are provided, including services like attendant care, personal care and housekeeping. The models are not a service, but rather define the way in which services are delivered. Member-directed options are available to most Arizona Long Term Care System (ALTCS) members who live in their own home. The options are not available to members who live in an alternative residential setting or nursing facility.

Agency with Choice Resources

Section 1915 (k) of the Social Security Act allows states to provide community-based attendant supports and services to individuals with disabilities who require an institutional level of care at a 6% enhanced Federal match, so long as certain federal requirements of the program are met. AHCCCS is utilizing this opportunity to adopt a new member-direct option called "Agency with Choice."

Agency with Choice is a new member-directed option that will be available to home-based ALTCS members beginning on January 1, 2013. Under the Agency with Choice option, the provider agency and the member enter into a co-employment relationship and share employer-based responsibilities for the paid caregiver. The provider agency maintains the authority to hire and fire the caregiver and provide or arrange for the required minimum standardized training for the caregiver. The member, or their individual representative, may choose to assume one or more of the following employer-based responsibilities:

- Recruit and select caregivers, including specifying the qualifications of the caregiver over and above the standard qualifications required by AHCCCS
- Dismiss caregivers
- Manage caregivers, including determining duties and schedules
- Supervise caregivers
- Training caregivers, including identifying special training needs