

Making an Appointment with Your Legislator

Contact your legislator in December to make an appointment to meet with them in January.

Our Council meeting is January 30-February 1, 2013. Normally we visit the Statehouse on Thursday afternoon (31st) and that is when you will want to set up your meeting.

- You can get legislator contact information using the directory on the Idaho Legislature website at <http://www.legislature.idaho.gov/howtocontactlegislators.htm>
- If you need to find out what your district is and who is your legislator, click on "Who's My Legislator" in the left hand column on the webpage.

What you might say on the phone or write in an email:

Dear Senator (or Representative) _____,

My name is _____. I am a parent/self-advocate/other, and I live in _____. I am very concerned about/would like to talk to you about the importance of Medicaid to me/people I know and the impact of the cuts to services.

I will be in Boise on January 30-February 1 and at the Statehouse on Thursday the 30th in the afternoon. I would like to meet with you on that day. Would you have some time to talk with me?

(If yes) Where can I find you at that time?

Thank you and I look forward to seeing you on the 31st.

You should call or email your legislator on Monday of the Council meeting week to remind them of the appointment and make sure of the time and place.

Examples of a Call Script:

Dear Representative Ringo,

My name is Joe Raiden. I am on the Council on Developmental Disabilities and I am a self-advocate. I live in Moscow. I am very active in advocating for people who have developmental disabilities and would like to talk to you about things that have been happening to people because of changes to Medicaid services.

I will be in Boise on January 30-February 1 and at the Statehouse on Thursday the 31st in the afternoon and would like to meet with you. Do you have some time that day to talk to me?

(She says he can meet at 4:30pm after a committee hearing.)

4:30 will work great for me. Where should I look for you at that time?

(She says she will be in her office.)

If that is in the House offices on the Garden Level shall I just come in and ask for you there?

(She says yes.)

Thank you very much. I look forward to seeing you on the 30th.

- or -

Dear Senator Bock,

My name is Tracy Warren, and I live in Boise, District 16. I am a parent and my 20-year-old son has a developmental disability. I am concerned about community services for people who have developmental disabilities and would like to talk to you about some important issues.

I would like to meet with you on Thursday, January 31st. Do you have some time that afternoon to talk with me...