

IDAHO COUNCIL  
ON  
DEVELOPMENTAL DISABILITIES

Plan Goals and Strategies

FEDERAL FISCAL YEAR 2011  
(October 1, 2010 – September 30, 2011)

“Kiwi Packet”



October 2010

**IDAHO COUNCIL ON DEVELOPMENTAL DISABILITIES  
2011 WORK PLAN**

**EDUCATION GOAL: Students with developmental disabilities experience inclusive school environments and practices.**

**1. Outcome: Educational Environment**

Students with disabilities receive an appropriate education in inclusive environments.

**1-1 Performance Target:** Eighty percent (80%) of Idaho public school districts will receive information on school-wide positive behavioral supports models and/or social/emotional development programs by 2011.

**1-1-A Strategic Initiative**

Promote implementation of a school-wide positive behavior supports model in Idaho schools and build awareness and encourage implementation of social/emotional development programs for students

***2011 Activities***

- *Work with CDHD and others to develop and disseminate information briefs about positive behavior supports*
- *Collaborate with State Department of Education and others to develop guidelines for schools on positive behavioral support techniques*
- *Collaborate with others to develop state policy change related to the use of aversive stimuli, restraints, and seclusion*

**1-2 Performance Target:** By 2011, 500 students and their families will receive information about school district alternative methods to meet Idaho graduation requirements.

**1-2-A Strategic Initiative**

Improve the quality of school district alternatives to graduation through parent advocacy and student self-advocacy.

**2011 Activities**

- *Develop and provide information to parents and students (through the Council newsletter, website, email distribution, and through workshops and/or conference presentations) about school district alternative methods to meet Idaho graduation requirements.*

**1-3 Performance Target:** Inclusive educational best practices are included in educational staff preparation programs at a minimum of one (1) state post-secondary institution by 2011.

**1-3-A Strategic Initiative**

Improve/increase information about inclusive educational practices made available to programs preparing general and special education teachers and to in-service training activities around Idaho.

**2011 Activities**

- *Review current training opportunities and curricula on inclusive educational practices for teachers.*
- *Work with Lewis and Clark State College staff to create a presentation and information materials on best practice in teacher preparation programs*
- *Implement activities to increase inclusive educational environments based on findings from the inclusion study*

### **1-3-B Strategic Initiative**

Improve training programs for paraprofessionals in response to input/recommendations from parents/students/self-advocates and teachers.

#### ***2011 Activities***

- *Review current training opportunities and curricula for paraprofessionals on inclusive educational practices and support for individual students.*
- *Review new statewide paraprofessional training program.*

## **2. Outcome: Transitions**

Children experience seamless transitions between age/grade related developmental and educational programs.

**2-1 Performance Target:** By 2011, students, family members, and educators from seventy-five percent (75%) of Idaho school districts will receive information/training on transition issues.

### **2-1-A Strategic Initiative**

Support training opportunities for parents/students/educators on issues related to educational transitions and implement activities to increase career exploration and job training during and before transition from high school.

#### ***2011 Activities***

- *Support training opportunities for parents and students on transition-planning, access to adult services/independent living resources, and work incentive programs (Note: This includes Tools for Life conference).*

- *Conduct annual Youth Leadership Forum in collaboration with the State Department of Education and other stakeholders*
- *Participate in the Idaho Interagency Council on Secondary Transition and related activities.*

### **2-1-B Strategic Initiative**

Improve the quality of post school outcomes for students with disabilities by informing students, parents/families and supporting student self-advocacy.

#### **2011 Activities**

- *Promote person-centered planning activities for transition-age students and their parents.*
- *Promote and support self-awareness and self-advocacy training for transition-age students.*

**EMPLOYMENT GOAL: Idaho communities support people with developmental disabilities to enjoy integrated life experiences.**

### **3. Outcome: Integrated Employment**

Individuals with developmental disabilities work in integrated settings where the majority of workers are individuals without disabilities.

**3-1 Performance Target:** By 2011, a minimum of 2 employment initiatives will be implemented.

#### **3-1-A Strategic Initiative**

Promote integrated employment to individuals with developmental disabilities, parents and/or family members, legislators, special educators, Vocational Rehabilitation, private industry, service coordinators, and other federal, state and local government entities.

## **2011 Activities**

- *Work collaboratively with the Department of Labor and Division of Vocational Rehabilitation to include individuals with developmental disabilities in state, regional and local employment training opportunities.*
- *Support the collaborative effort by local businesses and Idaho Office on the ADA to strengthen a Business Leadership Network chapter in the Treasure Valley.*
- *Support expansion across Idaho of Disability Mentoring Day.*
- *Research further employment initiatives for implementation in Idaho.*
- *Explore opportunities to collaborate with employment associated organizations.*

**FORMAL AND INFORMAL COMMUNITY SUPPORTS GOAL: Communities support people with developmental disabilities to enjoy integrated life experiences.**

### **4. Outcome: Participant Directed Supports**

People with developmental disabilities and their families have a meaningful say over participant-directed service systems management, including planning, implementation and evaluation.

**4-1 Performance Target:** Five hundred (500) people with developmental disabilities and families have received awareness information and training on participant directed waiver options by 2011.

#### **4-1-A Strategic Initiative**

Support the development and dissemination of information to parents & self-advocates on participant-directed service systems

### **2011 Activities**

- *Support the development and dissemination of information on participant-directed services for families who have children with developmental disabilities, policymakers and service providers.*
- *Participate in the children's services system redesign to include family directed services*

**4-2 Performance Target:** Four (4) Council initiatives to involve people with developmental disabilities and families in statewide quality assurance efforts will be in place by 2011.

**4-2-A Strategic Initiative:** Support individuals with developmental disabilities and family member participation in quality assurance activities related to participant-directed service systems.

### **2011 Activities**

- *Participate in meetings and support the inclusion of individuals with developmental disabilities and family members in quality assurance activities related to the self-directed services option and development of the family-directed services system.*
- *Support person-centered planning activities across Idaho through PCP project*

## **5. Outcome: Access to Quality Supports and Services**

A statewide system that delivers quality supports and services is available to individuals with developmental disabilities.

**5-1 Performance Target:** By 2011, 1,000 people with developmental disabilities will have access to information they need to obtain services and supports in Idaho's communities.

### **5-1-A Strategic Initiative**

Collaborate with others to provide information on supports and services to people with developmental disabilities and their families through a variety of venues.

### **2011 Activities**

- *Contract for a comprehensive web-based community resource directory*
- *Support activities and events that provide opportunities for distribution of information about community resources and services for individuals with developmental disabilities and their families*
- *Promote inclusive community activities and share information about inclusive programs.*

**5-2 Performance Target:** The quality and availability of supports and services for people with developmental disabilities will be enhanced through Council support for training for 600 direct care staff each year.

### **5-2-A Strategic Initiative**

Collaborate with partners on efforts to improve availability and quality of direct care staff.

### **2011 Activities**

- *Provide financial and logistical support for the annual Idaho Partnerships Conference on Human Services*

**CROSS CUTTING GOAL:** The Council has the staff and administrative support to implement its mission and goals across all life areas.

### **6. Outcome: Public Awareness and Outreach**

The general public has greater awareness of people with developmental disabilities and the issues they face.

**6-1 Performance Target:** Idaho media will publish and or broadcast a minimum of two (2) per year, positive press releases about people with developmental disabilities.

**6-1-A Strategic Initiative**

Provide on-going and periodic information to the public and interested stakeholders regarding people with disabilities and their issues of concern.

**2011 Activities**

- *Encourage Council members to talk with and make presentations to local groups in their communities regarding the Council and its activities.*
- *Provide information and guidance to media on reporting about people with disabilities*

**6-2 Performance Target**

Idaho elected officials and other policymakers will be informed about issues affecting people with developmental disabilities or about specific Council philosophies, positions, and activities at least three times a year for five years.

**6-2-A Strategic Initiative**

Increase awareness of Council projects, activities and public policy positions.

**2011 Activities**

- *Produce Council newsletter at least two times annually.*
- *Produce a Legislative pamphlet with annual updates.*
- *Present information regarding the Council's position on public policy issues to legislative committees as appropriate*
- *Compile and distribute Annual Report of Council efforts to state and federal elected officials*

- *Provide information about the Council to Idaho's Congressional representatives and their staff*
- *Maintain the Council website as a source of up-to-date information on Council activities and other issues concerning people with developmental disabilities*

**6-3 Performance Target:** People with developmental disabilities and/or family members will participate in at least two cross-disability and cross-cultural conferences and trainings per year.

**6-3-A Strategic Initiative**

Provide support for people with developmental disabilities and their families to attend conferences

**2011 Activities**

- *Provide funding for individuals with developmental disabilities and family members to attend conferences*
- *Provide funds for cross-disability or cross-cultural training or conferences.*

**7. Outcome: Coordination and Oversight**

The Council will receive on-going and periodic information, training and support to accomplish its statutory requirements.

**7-1 Performance Target:** Council plan activities will updated annually and monitored on a quarterly basis (4x/year)

**7-1-A Strategic Initiative**

The Council will receive the support and training needed to fulfill its oversight of Council plan development and implementation

### **2011 Activities**

- *Council will hold quarterly meetings to review progress, make recommendations and approve actions*
- *Staff will generate quarterly progress reports on plan activities*
- *Orientation and training are provided as needed to enable and enhance oversight responsibilities*
- *Plan will be amended annually to reflect accomplishments and new strategies*
- *Given available funding, Council will maintain adequate staff support to accomplish its work plan*

**HOUSING GOAL: Communities contain an adequate number of accessible and affordable housing units to meet the needs for individuals with developmental disabilities.**

### **8. Outcome: Choice of Housing**

Multiple housing options are available to people with developmental disabilities.

**8-1 Performance Target:** One (1) integrated housing initiative will be advocated with Council support.

#### **8-1-A Strategic Initiative**

Support development of housing initiatives that allow individuals with developmental disabilities to reside in Idaho communities.

### **2011 Activities**

- *Research possible initiatives*
- *Support consultation on successful housing programs for people with disabilities from other western states.*

**8-2 Performance Target:** Thirty (30) individuals with developmental disabilities will receive training to become homeowners

**8-2-A Strategic Initiative**

Explore new means to create housing opportunities for people with developmental disabilities.

**2011 Activities**

- *Work collaboratively with Idaho Housing and Finance Association and other organizations to develop plain language homebuyer education materials*

**QUALITY ASSURANCE GOAL: Idaho's service system assures the rights for people with developmental disabilities to live safe, healthy and self-determined lives in their communities.**

**9. Outcome: Self-Determination**

Self advocates and families are informed about the philosophy of self-determination.

**9-1 Performance Target:** Five (5) training opportunities on principles of self-determination and leadership development are provided to parents and self-advocates in 5 of 7 regions by 2011.

**9-1-A Strategic Initiative**

Self-determination and leadership development training will be provided to parents, educators and adults/youth with developmental disabilities.

**2011 Activities**

- *Develop and disseminate informational materials for parents and others about self-determination, include on the Council website, in the newsletter, and in presentations*
- *Provide information on how to promote individuals to become self determined to parents and others*
- *Recruit and support regional Community Now! Coordinators*

- *Support Community Now! teams to conduct local grassroots community organizing activities*
- *Develop education materials about alternatives to guardianship for transition-age students and adults with developmental disabilities and parents.*

## **10. Outcome: Self Advocacy**

People with developmental disabilities demonstrate self-advocacy skills.

**10-1 Performance Target:** A statewide self-advocacy organization is in place by 2011.

### **10-1-A Strategic Initiative**

Establish an organizational structure for the statewide self-advocacy organization.

#### ***2011 Activities***

- *Assist SALN to maintain local self-advocacy chapters.*
- *Support and coordinate 3 SALN Board Meetings*
- *Work with SALN to implement a plan for organizational needs to operate as an independent non-profit.*

### **10-1- B Strategic Initiative**

Convene a self-advocacy conference to support the development of the statewide self-advocacy organization.

#### ***2011 Activities***

- *Convene a self advocacy conference planning committee to develop a plan and funding for resources for a statewide self advocacy conference in 2010*
- *Host a statewide self-advocacy conference in October 2010.*

**10-2 Performance Target:** Forty (40) % of the number of people with disabilities receiving *Determined to Vote* training will register and vote in at least one election.

**10-2-A Strategic Initiative**

Support *Determined to Vote* teams to increase the knowledge among people with disabilities and election officials regarding the electoral process, accessibility options and voting.

**2011 Activities**

- *Work with the Office of the Secretary of State and Disability Rights Idaho to conduct “Determined to Vote” training in Health and Welfare Regions 2,3,4, and 6 for transition-age students and residents of three state institutions for the 2010 elections*
- *Increase the number of organizations providing voter education in Idaho.*
- *Evaluate the results of the 2010 Determined to Vote effort for recommendations regarding future activities*

**11. Outcome: Abuse/Neglect Prevention and Victim Support**

Abuse prevention and support services meet the needs of people with developmental disabilities.

**11-1 Performance Target:** A training curriculum will be developed for people with developmental disabilities, families and service providers about abuse recognition and prevention

**11-1-A Strategic Initiative**

Develop a standard training presentation for specific audiences regarding abuse prevention and recognition, including a packet of information.

### **2011 Activities**

- *Collaborate with Coalition Against Domestic Violence and Sexual Assault, SILC, NAMI and Mountain States Group to develop training for people with disabilities if grant awarded to group.*

**TRANSPORTATION GOAL: People with developmental disabilities have affordable and accessible transportation.**

### **12. Outcome: Community Transportation**

**Communities provide accessible and affordable public transportation to their citizens.**

**12-1 Performance Target:** By 2011 local/regional transportation efforts in each of the six (6) Transportation Districts, will include strategies and measures for providing transportation to people with developmental disabilities.

#### **12-1-A Strategic Initiative**

Promote and provide financial support for local/regional transportation efforts to increase availability of and access to transportation for people with developmental disabilities.

### **2011 Activities**

- *Provide support/funds for a project that builds or enhances transportation coordination and capacity for people with disabilities at the local or regional level*