



## **Acorn Packet**

# **2017 Annual Work Plan**

**October 1, 2016 to September 30, 2017**

**Year One of the Five-Year Plan**

**Approved December 15, 2016**

## **Goal 1: Adults with intellectual/developmental disabilities experience improved quality in Home and Community Based Services**

### **Objective 1.1**

**Recruit and support individuals with intellectual /developmental disabilities and family members, to participate in collaborative stakeholder meetings to review and-define Home and Community-Based (HCBS) developmental disability services and develop state quality indicators by October 2018 that will affect ongoing quality assurance activities for HCBS.**

#### **Activities**

##### **Year 1 (Oct 1, 2016 – Sept 30, 2017)**

- **Recruit individuals with intellectual and developmental disabilities (I/DD) and family members to participate in HCBS collaborative stakeholder meetings and topical workgroups to review service arrays and definitions and make recommendations.**
- **ICDD staff participate in HCBS stakeholder collaborative and workgroup meetings, provide information on best practice and related research.**
- **Advocate for the development of state quality indicators that align with federal rules and affect ongoing quality assurance activities for HCBS in Idaho.**

#### **Expected Short and Mid-Term Outcomes**

- **People with intellectual/developmental disabilities (I/DD), family members and other stakeholders have a voice in policy development and systems change**
- **Agency administrators have increased knowledge of systems issues**
- **New HCBS developmental disability service array and definitions reflect input from stakeholders including individuals with I/DD and family members**
- **Idaho service system quality indicators are accepted by state agency administrators and policymakers**

#### **Expected Long-Term Outcomes**

- **Idaho HCBS quality assurance system infrastructure and processes are changed to meet indicators**

- Idaho HCBS quality assurance system aligns to quality indicators and federal requirements
- Quality assurance data is gathered directly from individuals receiving HCBS services through residential habilitation
- Data gathered through quality assurance activities informs improvements to the system and provision of HCBS services

## ***Goal 1: Adults with intellectual/developmental disabilities experience improved quality in Home and Community Based Services***

### **Objective 1.2**

Increase the use of best practice in planning and implementation of direct services to create a person-centered system by September 2021 by working with the Idaho Department of Health and Welfare, service providers, individuals with disabilities and families to plan for organizational change and support staff development in person centered practices.

#### **Activities**

##### **Year 1 (Oct 1, 2016 – Sept 30, 2017)**

- **Work with consultant to identify best practice based on quality standards in serving people with dual diagnosis**
- **Educate stakeholders about best practice in person-centered planning and daily person-centered practice in services**

#### **Expected Short and Mid-Term Outcomes**

- Stakeholders have increased knowledge about best practice in serving people with dual diagnosis
- Stakeholders have increased knowledge about person-centered practices
- Training model is developed to improve quality assurance and increase person-centered practices in services
- Service providers use person-centered practices throughout their organizations and in providing services

#### **Expected Long-Term Outcomes**

- Increased percentage of individuals who direct their plan and services
- Quality assurance data shows an increase in individuals who report they have more choice, access to community, and improved quality in their services

## **Goal 1: Adults with intellectual/developmental disabilities experience improved quality in Home and Community Based Services**

### **Objective 1.3**

**Work with partners on systems change and policy development so that by July 2021, people with intellectual/developmental disabilities have access to Medicaid person-centered planning services provided by trained, qualified planning specialists.**

#### **Activities**

##### **Year 1 (Oct 1, 2016 – Sept 30, 2017)**

- **Inform community services stakeholder collaborative about the Collaborative Workgroup (CWG) person-centered planning (PCP) services recommendations during the development of developmental disability services array and definitions.**
- **Convene PCP stakeholder workgroup and host meetings**

#### **Expected Short and Mid-Term Outcomes**

- New person-centered planning services are established and supported through state policies and procedures
- A PCP specialist training model is established and open to participants
- PCP specialists are competent in best practice for person-centered planning and are supporting individuals around Idaho
- There are bilingual, Spanish-speaking PCP specialists working with individuals in Idaho

#### **Expected Long-Term Outcomes**

- Increased percentage of individuals report they are supported to lead their plan development and their plans include goals they have chosen
- Quality assurance data shows better outcomes for individuals related to quality indicators

## **Goal 1: Adults with intellectual/developmental disabilities experience improved quality in Home and Community Based Services**

### **Objective 1.4**

Each year of the plan, work with the Idaho Department of Health and Welfare to build the capacity of state agency staff to conduct outreach to, prepare, and support people with intellectual/developmental disabilities to meaningfully participate in policy discussions, planning for services, and quality assurance system improvement.

#### **Activities**

##### **Year 1 (Oct 1, 2016 – Sept 30, 2017)**

- **Mentor and provide technical assistance to identified Idaho Department of Health and Welfare (IDHW) Medicaid staff participating in HCBS developmental disability services stakeholder collaborative and the self-advocates involved.**

#### **Expected Short and Mid-Term Outcomes**

- IDHW staff receive training and technical assistance about how to meaningfully include people with intellectual/developmental disabilities in policy meetings

#### **Expected Long-Term Outcomes**

- IDHW staff have the skills needed to meaningfully include people with intellectual/developmental disabilities in policy meetings.
- IDHW includes individuals with intellectual/developmental disabilities in all meetings that impact the lives of people with intellectual/developmental disabilities.
- People with intellectual and developmental disabilities, family members and other stakeholders have a voice in policy development and systems change.

**Goal 2: Youth and young adults with intellectual/developmental disabilities transition from school into an adult life that includes competitive integrated employment, community engagement, and full citizenship.**

### **Objective 2.1**

Each year of the plan, provide/support education and training for families, youth/young adults, teachers, and other team members, to increase the number of children and youth who experience a strength-based, person-centered transition planning process for each educational transition.

#### **Activities**

##### **Year 1 (Oct 1, 2016 – Sept 30, 2017)**

- **Survey families to learn their view of the barriers to successful transition planning**
- **Develop and provide training to team members on discovery of student gifts, strengths, and abilities**

#### **Expected Short and Mid-Term Outcomes**

- Families are engaged in identifying their children's gifts, strengths, and abilities
- Educators and other team members understand student gifts, strengths, and abilities
- Team members gain skills to conduct planning that is student-led and builds upon the student's strengths
- Families have knowledge and are actively involved in supporting their children in the transition-planning process
- Spanish-speaking families are informed, supported and engaged in the transition planning process and activities
- Families and other team members value, and gain skills to facilitate, informed supported decision-making by youth and young adults

#### **Expected Long-Term Outcomes**

- Families have high expectations for their children to achieve post-school goals including employment, citizenship, and inclusive community engagement
- Increase in the percentage of positive post-school outcomes for students with disabilities

**Goal 2: Youth and young adults with intellectual/developmental disabilities transition from school into an adult life that includes competitive integrated employment, community engagement, and full citizenship.**

## Objective 2.2

**By September 2021, increase the percentage of youth/young adults with intellectual/developmental disabilities that achieve competitive integrated employment in the community by working with Workforce Innovation and Opportunity Act partners and Medicaid to implement best practice in customized employment.**

### Activities

#### Year 1 (Oct 1, 2016 – Sept 30, 2017)

- **Work with the Idaho Employment First Consortium (IEFC) to gather policy information**
- **Provide a presentation to educate Idaho legislators about the need for new employment services and increased provider qualifications**
- **Work with Medicaid to develop state policy to support new employment services and increased provider qualifications**
- **Work with Vocational Rehabilitation and other IEFC partners to ensure that students with I/DD who experience significant disabilities have equal access to Pre-Employment Transition Services (Pre-ETS)**
- **ICDD/IDVR grants to support Career Mentoring Day activities in local areas**
- **Provide information and technical assistance for Take Your Legislator to Work activities in local areas**

### Expected Short and Mid-Term Outcomes

- **Students with significant disabilities have equal access to pre-employment transition services/activities and engage in paid work experience**
- **Young adults have access to employment support services in their Medicaid plans**
- **Employers are more aware of the capabilities of individuals with disabilities and are hiring youth/young adults from their community**



### Expected Long-Term Outcomes

- Increase in the number of youth and young adults that gain integrated, competitive employment in the community

***Goal 3: Leaders with intellectual/developmental disabilities are engaged with other people with disabilities and families in a statewide coalition that has a strong, collective voice on policy issues and systems change.***

### Objective 3.1

**Build the capacity of individuals and parents to advocate, lead, and mentor others by providing leadership development and advocacy training to adults with intellectual/developmental disabilities and parents of children with intellectual/developmental disabilities.**

### Activities

#### Year 1 (Oct 1, 2016 – Sept 30, 2017)

- Preparation activities for Partners in Policymaking 2017-2018 program
- Host first two sessions, begins August 2017

### Expected Outcomes

- Increase in the number of individuals with disabilities and family members that have leadership and policy advocacy skills
- Leaders with intellectual/developmental disabilities mentor youth with disabilities and new leaders to gain leadership and advocacy skills

**Goal 3: Leaders with intellectual/developmental disabilities are engaged with other people with disabilities and families in a statewide coalition that has a strong, collective voice on policy issues and systems change.**

### **Objective 3.2**

**By September 2019, establish a statewide, culturally diverse coalition of people with disabilities and families who have been trained and are supported each following year of the plan to advocate at the local and state level on policy issues.**

## **Activities**

### **Year 1 (Oct 1, 2016 – Sept 30, 2017)**

- **Develop contract with community organizer to help establish a policy coalition**
- **Contractor will re-connect and engage Partners in Policymaking graduates, current and former Council members, Idaho SALN members, and others.**
- **Create a database of people with disabilities and family members around Idaho who are active in policy advocacy**
- **Outreach to Spanish-speaking individuals with disabilities and families to determine the best, culturally sensitive way to engage people in policy advocacy activities**

### **Expected Short and Mid-Term Outcomes**

- Increase in the number of individuals with disabilities and family members that have leadership and policy advocacy skills
- Individuals with intellectual/developmental disabilities are partnering with parents/families and exercising their advocacy skills at the state and local level
- Leaders with intellectual/developmental disabilities mentor youth with disabilities and new leaders to gain leadership and advocacy skills

### **Expected Long-Term Outcomes**

- The coalition is recognized as a capable and knowledgeable voice in policy development and systems change efforts