Community NOW!

Where adults with intellectual and developmental disabilities and family members have the lead voice – a stakeholder collaboration to improve supports.

**2018 work focused on implementing recommendation #1 of the Service and Supports Recommendations to the Division of Medicaid, June 18, 2017**

**Recommendation #1:**
Develop Idaho’s Person Centered Planning (PCP) System

For more information:
mychoicematters.idaho.gov
What is Community NOW!?

Community NOW! (CNOW!) is a workgroup comprised of adults with intellectual and developmental disabilities (I/DD), family members, providers, Department of Health and Welfare (DHW) representatives and other stakeholders brought together to discuss supports available and provided in Idaho.

Through information shared by adults with I/DD and their families – using a process that maintained the adult voice as the lead voice – CNOW! developed 17 recommendations for how things can be improved. On June 22, 2017 CNOW! issued its 17 Service and Support Recommendations to the Idaho DHW Division of Medicaid (Medicaid). CNOW! is in the process of implementing those recommendations.

Developing a Person Centered Planning (PCP) process is Recommendation #1. CNOW! is working toward a 2023 roll out of PCP.

How do we help an individual create the best plan for their lives?

Idaho’s PCP Model features 9 requirements:

1. The individual leads the process. “Leading” will look different for different people.
2. The PCP Process allows for face-to-face time between the individual and the Planning Facilitator.
3. Qualified Planning Facilitators support the individual and facilitate the PCP process.
4. The PCP planning process will focus on the individual and the individual’s vision for their life.
5. The PCP planning process will be adapted to the culture and language of the individual participants.
6. The Person Centered Plan will reflect the individual’s vision for their life, community connections and needs to be met through natural and paid support.
7. All materials, tools and documentation will be produced in plain language and accessible formats.
8. Person Centered Thinking Training is provided to stakeholders as part of the person-centered model and process.
9. Quality will be measured based on the extent to which the Person Centered Plan is implemented and the individual achieves their personal goals and vision.

<table>
<thead>
<tr>
<th>Status</th>
<th>Deliverable</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Complete</td>
<td>PCP Implementation Plan</td>
<td>Schedule of activities to implement the PCP Planning process and system. Initial roll out is anticipated for 2023.</td>
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<tr>
<td>Complete</td>
<td>PCP Planning Processes</td>
<td>PCP Planning Best Practices exist – Idaho PCP Facilitators will use existing tools</td>
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<tr>
<td>Implementing</td>
<td>PCP Thinking Training</td>
<td>Training has been initiated within the DHW, where all programs are working to adopt the same PCP approach. Statewide trainings in PCP Thinking begins spring 2019 with a variety of stakeholders.</td>
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<tr>
<td>In Progress</td>
<td>PCP Facilitator Qualifications</td>
<td>Qualifications for PCP Facilitators, based on the model requirements and Best Practices, are drafted and remain available for further development.</td>
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<tr>
<td>In Progress</td>
<td>Communication Consultant</td>
<td>Individuals with more complex communication needs sometime need communication supports to enable others in the PCP process to understand their preferences. Facilitators will have the option to be trained to assess and support unique communication needs. Where the Facilitator finds they lack that capacity, they may opt to engage a trained communication consultant. The proposal is drafted and remains available for further development and implementation.</td>
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<tr>
<td>In Progress</td>
<td>Self Advocacy Training</td>
<td>Training for individuals to advocate for themselves and lead the planning process is a key component of Idaho’s PCP model. A proposed self-advocacy training model is under development and current opportunities are being collected. The product is subject to further development and implementation.</td>
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