



IDAHO COUNCIL ON
DEVELOPMENTAL
DISABILITIES

2022 Annual Work Plan

Year One of the Five-Year Plan

October 1, 2021 – September 30, 2022

Approved by the Council on 7/29/2021

Updated with 5 Year Plan Revisions of Goals and Objectives that were
approved on 7/28/2022

Goal 1: During each year of the plan, individuals with intellectual and developmental disabilities and family members inform and direct changes in service systems, resulting in higher quality of services that better meet the needs of individuals with intellectual and developmental disabilities by 2026

Objective 1.1: Support individuals with intellectual and developmental disabilities and family members to lead in defining developmental disability Home and Community-Based Services in collaborative meetings

Objective 1.1 Activities in Year One

- Support individuals with developmental disabilities and family members to participate in Community NOW! and other meetings about Home and Community-Based Services
- Ensure that all meeting materials are provided in an accessible and plain language format
- With partners and Community NOW! members, create onboarding training for new Community NOW! members
- Recruit new Community NOW! members and provide onboarding training

Objective 1.2: Support members of the Latino community to provide recommendations to improve access to service systems to meet the needs of Latino families and individuals with intellectual and developmental disabilities

Objective 1.2 Activities in Year One

- Ensure that all Community NOW! materials are provided in Spanish

- Host pre-meetings before each Community NOW! meeting to help Latino Community NOW! members prepare for the meetings
- Host post-meetings after each Community NOW! meeting for Latino Community NOW! members to check for understanding, discuss information provided, and collect recommendations
- Support Community NOW! members from the Latino community members to actively participate in meetings
- Conduct outreach in the Latino community to identify individuals with intellectual and developmental disabilities and family members to become part of Community NOW!

Objective 1.3: Develop state quality indicators defined by individuals with intellectual and developmental disabilities and family members for Home and Community-Based Services

Objective 1.3 Activities in Year One

- Develop informational materials in English and Spanish on: what is a developmental disability, how do you apply for Medicaid and Developmental Disability services, and what does a service coordinator or support broker do
- Review and compile quality indicators for Home and Community-Based Services that have been defined by Community NOW! members
- Discuss and gather input on quality indicators in committees that are part of Community NOW!
- Prepare for a Delphi study to be conducted in Year 3, that will aim to achieve consensus on state quality indicators defined by individuals with intellectual and developmental disabilities and family members

Objective 1.4: Advocate for changes in service systems to align with quality indicators identified by individuals with intellectual and developmental disabilities and family members

Objective 1.4 Activities in Year One

- Continue to advocate for changes in service systems as recommended by Community NOW!

Objective 1.5: Identify gaps in services and make recommendations based on best practices to inform policy resulting in improved access to reporting of abuse, neglect, and exploitation

Objective 1.5 Activities in Year One

- Working with Living Well partners, facilitate ongoing Abuse and Neglect workgroups
- Contract with Boise State University's Criminal Justice Division to conduct a study on processes, procedures, and accountability to victims of abuse, neglect, and exploitation
- Participate in the leadership team to inform the work of the studies conducted by Boise State University's Criminal Justice Division
- Work with the Idaho Coalition Against Sexual Assault and Domestic Violence to inform the study on the lived experience of people with disabilities in reporting abuse, neglect, and exploitation
- Participate in the leadership team for the Department of Justice grant through the Idaho Coalition Against Sexual Assault and Domestic Violence

Goal 2: By 2026, service systems have increased their capacity to provide quality services, so individuals with intellectual and developmental disabilities and family members have access to services that meet their needs and preferences

Objective 2.1: Work with partners to build capacity in mental health services and supports available to children and adults who experience the dual diagnosis of mental illness and intellectual or developmental disability

Objective 2.1 Activities in Year One

- Participate in the planning committee for a conference on improving mental health services for children in May 2022
- Explore the possibility of establishing an Idaho chapter of the National Association for the Dually Diagnosed that will bring training on dual diagnosis to Idaho
- Conduct a research study with individuals with dual diagnosis, family members and mental health clinicians to identify barriers and training needs to mental health services for people with a dual diagnosis
- Monitor the work of the Idaho Behavioral Health Council and the implementation of the Council’s recommendations to improve (access to) services for people with a dual diagnosis

Objective 2.2: Work with partners to establish a state-level person-centered community of practice

Objective 2.2 Activities in Year One

- Facilitate Person Centered Planning Implementation Workgroup meetings
- Participate in National Center on Advancing Person-Centered Practices and Systems grant – Idaho team meetings

- Conduct Person Centered Thinking bootcamp trainings with provider agencies
- Conduct Person Centered Thinking trainings with individuals with intellectual and developmental disabilities and family members
- Provide Person Centered Planning training at the Idaho Transition Institute
- Support an Idaho Charting the LifeCourse Ambassadors training program

Objective 2.3: Work with partners to ensure that direct support staff receive sustainable and accessible training taught by self-advocates, family members or professionals guided by evidence-based practices

Objective 2.3 Activities in Year One

- Work with Living Well partners to participate in ongoing Direct Support Professionals workgroups

Objective 2.4: Build capacity in service systems around cultural and linguistic competency by providing training and technical assistance to state agencies and service providers

Objective 2.4 Activities in Year One

- Plan for training on cultural and linguistic competence for state agency staff and service providers

Objective 2.5: In year 3 of the plan, identify needs and barriers to services in rural Idaho

Objective 2.5 Activities in Year One

- Work on a plan and connect with partners to prepare assessment of the needs of rural Idaho

Objective 2.6: In years 4 and 5, work with partners to ensure access to needed services and supports identified by rural Idahoans

Objective 2.6 Activities in Year One

No activities planned this year.

Goal 3: By 2026, individuals with intellectual and developmental disabilities and family members have increased their knowledge and skills needed to access the services and supports they need to live meaningful lives in their communities

Objective 3.1: Work with partners to develop and provide training for people with disabilities, family members, and other stakeholders to understand what abuse, neglect, and exploitation look like, including how and where to report

Objective 3.1 Activities in Year One

- With Living Well partners and the Abuse and Neglect workgroup, develop training modules on: what is abuse and how to report it, healthy relationships, and human trafficking

Objective 3.2: Support individuals with intellectual and developmental disabilities and family members from the Latino community to build awareness and provide education around disability and disability services in their community

Objective 3.2 Activities in Year One

- Support Latino community members in the Twin Falls area to develop knowledge of developmental disabilities and services available

- Conduct outreach in the Latino community and share information about disabilities and disability services

Objective 3.3: Work with partners to provide information and education to support individuals with intellectual and developmental disabilities and family members as they explore employment opportunities, set employment goals, and access the services and supports they need to achieve their goals

Objective 3.3 Activities in Year One

- Support the Department of Health and Welfare to provide information about new services related to employment in an accessible, plain language format and in Spanish

Objective 3.4: Provide information and education to youth and young adults with intellectual and developmental disabilities and their families on Supported Decision-Making so they have the knowledge and tools needed to successfully transition into adult life

Objective 3.4 Activities in Year One

- Make Supported Decision-Making publications accessible and available in Spanish

Goal 4: During each year of the plan, people with intellectual and developmental disabilities and their families are empowered to share their lived experiences and provide education and information on issues important to them, as they advocate on local, state and/or national level

Objective 4.1: Develop leadership of individuals with intellectual and developmental disabilities and family members by hosting three classes of Idaho Partners in Policymaking, including one specifically designed for Latino community members

Objective 4.1 Activities in Year One

- Host the 2021-2022 class of Partners in Policymaking, supporting individuals with intellectual and developmental disabilities and family members to develop their leadership skills
- With the Utah Developmental Disabilities Council and the Utah Center for Persons with Disabilities, develop a Partners in Policymaking program targeted at Mexican Americans to be hosted in Year 3

Objective 4.2: Maintain a statewide, culturally diverse coalition of people with disabilities and families who are developing their leadership to advocate on policy issues at the local, state, and/or national level

Objective 4.2 Activities in Year One

- Host a Leadership Academy in October 2021, where members of the Disability Advocacy Network of Idaho learn about policy issues and develop their leadership skills
- Support individuals with developmental disabilities and family members in Fellowships that improve their leadership and community organizing skills

- Recruit new Fellows, working towards having 8 Fellows in different parts of the state by the end of Year 5
- Support Disability Advocacy Network of Idaho members to host community conversations that provide opportunities for individuals with developmental disabilities and family members to share their experiences with policymakers
- Provide educational opportunities on policy issues to members of the Disability Advocacy Network of Idaho members
- Plan for a Leadership Academy to be hosted in October 2022

Objective 4.3: Work with partners to develop a sustainable self-advocate train-the-trainer model by September 2023 to conduct statewide training on self-advocacy in all life areas

Objective 4.3 Activities in Year One

- Facilitate and support the Self-Advocacy Training Implementation Workgroup
- Work with partners to design topical training modules that include video examples and plain language information
- Work with partners from the Latino community to design topical training modules that are culturally and linguistically responsive
- Work with partners to gather video footage from Idahoans with disabilities and family members
- Work with partners to post training modules in an accessible online platform
- Support Self-Advocate Training Coordinator to conduct train-the-trainer with self-advocate trainer candidates

Objective 4.4: Support individuals with intellectual and developmental disabilities and families to advocate on issues that affect their lives at the local, state, and/or national level and to participate in cross-disability and culturally diverse coalitions

Objective 4.4 Activities in Year One

- Create plain-language, accessible factsheets in English and Spanish about important legislative issues
- Support individuals with intellectual and developmental disabilities and family members to provide testimony or visit with legislators

Objective 4.5: During each year of the plan, monitor ongoing and emerging policy issues that affect the lives of people with intellectual and developmental disabilities and family members, inform them of these issues, and promote the Council's position on these issues

Objective 4.5 Activities in Year One

- Track upcoming legislative issues and share information on these issues with individuals with intellectual and developmental disabilities and family members
- Provide testimony and inform legislators on issues that affect the lives of people with intellectual and developmental disabilities and family members

Objective 4.6: During each year of the plan, monitor emerging issues that affect the lives of people with intellectual and developmental disabilities and family members, provide information and resources to individuals with intellectual and developmental disabilities and family members when needed, and promote the Council's position on these issues

Objective 4.6 Activities in Year One

- If important issues emerge that affect the lives of people with intellectual and developmental disabilities and family members, provide information, resources and support, and advocate on their behalf