



IDAHO COUNCIL ON  
**DEVELOPMENTAL**  
**DISABILITIES**

# 2023 Annual Work Plan

Year Two of the Five-Year Plan

October 1, 2022 – September 30, 2023

Approved by the Council on 7/29/2021

Revisions approved by the Council on 7/28/2022

**Goal 1: During each year of the plan, individuals with intellectual and developmental disabilities and family members inform and direct changes in service systems, resulting in higher quality of services that better meet the needs of individuals with intellectual and developmental disabilities by 2026**

**Objective 1.1: Support individuals with intellectual and developmental disabilities and family members to lead in defining developmental disability Home and Community-Based Services in collaborative meetings**

**Objective 1.1 Activities in Year Two**

- Support individuals with developmental disabilities and family members to participate in Community NOW! and other meetings about Home and Community-Based Services
- Ensure that all meeting materials are provided in an accessible and plain language format
- Recruit new Community NOW! members and provide onboarding training
- Support facilitation for the Community NOW! Core Team and support Core Team members to participate in Core Team meetings

**Objective 1.2: Support members of the Latino community to provide recommendations to improve access to service systems to meet the needs of Latino families and individuals with intellectual and developmental disabilities**

**Objective 1.2 Activities in Year Two**

- Ensure that all Community NOW! materials are provided in Spanish

- Host pre-meetings before each Community NOW! meeting to help Latino Community NOW! members prepare for the meetings
- Host post-meetings after each Community NOW! meeting for Latino Community NOW! members to check for understanding, discuss information provided, and collect recommendations
- Support Community NOW! members from the Latino community to actively participate in meetings
- Conduct outreach in the Latino community to identify individuals with intellectual and developmental disabilities and family members to become part of Community NOW!

### **Objective 1.3: Develop state quality indicators defined by individuals with intellectual and developmental disabilities and family members for Home and Community-Based Services**

#### **Objective 1.3 Activities in Year Two**

- Review and compile quality indicators for Home and Community-Based Services that have been defined by Community NOW! members
- Prepare for a Delphi study to be conducted in Year 3, that will aim to achieve consensus on state quality indicators defined by individuals with intellectual and developmental disabilities and family members
- Start recruiting individuals with intellectual and developmental disabilities and family members to become panelists in the Delphi study

### **Objective 1.4: Advocate for changes in service systems to align with quality indicators identified by individuals with intellectual and developmental disabilities and family members**

#### **Objective 1.4 Activities in Year Two**

No activities planned this year.

## **Objective 1.5: Identify gaps in services and make recommendations based on best practices to inform policy resulting in improved access to reporting of abuse, neglect, and exploitation**

### **Objective 1.5 Activities in Year Two**

- Working with Living Well partners, facilitate ongoing Abuse and Neglect workgroups
- Contract with Boise State University's Criminal Justice Division to conduct a study on services availability and best practices, current services in the state, and a review of existing studies, state responses, existing policies, and practices, to further understanding of the accountability of Idaho's victim services to people with disabilities who experience abuse, neglect, and exploitation
- Participate in the leadership team to inform the work of the studies conducted by Boise State University's Criminal Justice Division
- Work with the Idaho Coalition Against Sexual and Domestic Violence to inform the Department of Justice work on the lived experience of people with disabilities in reporting abuse, neglect, and exploitation
- Participate in the leadership team for the Department of Justice grant through the Idaho Coalition Against Sexual and Domestic Violence
- With the Department of Justice grant team, provide a presentation at the Annual Domestic Violence Conference on the lived experiences of people with disabilities in reporting abuse, neglect, and exploitation
- Provide expertise to the Idaho Coordinated Response Team to provide meaningful solutions to end violence toward unserved communities
- Collect data through the Idaho Anti Human Trafficking Coalition about the incidence of victimization of people with disabilities
- Inform the Idaho Legislature about the findings of studies and collected data regarding abuse, neglect, and exploitation of people with disabilities

**Goal 2: By 2026, service systems have increased their capacity to provide quality services, so individuals with intellectual and developmental disabilities and family members have access to services that meet their needs and preferences**

**Objective 2.1: Work with partners to build capacity in mental health services and supports available to children and adults who experience the dual diagnosis of mental illness and intellectual or developmental disability**

**Objective 2.1 Activities in Year Two**

- Work with the Department of Health and Welfare to provide guidance in the establishment of the state-wide START model for children and adults with developmental disabilities
- Complete a research study with individuals with dual diagnosis, family members and mental health clinicians to identify barriers and training needs to mental health services for people with a dual diagnosis
- Based on results from the study, work with the Department of Health and Welfare on providing training out of the START model for individuals with a dual diagnosis, family members, and mental health clinicians

**Objective 2.2: Work with partners to establish a state-level person-centered community of practice**

**Objective 2.2 Activities in Year Two**

- Conduct Person Centered Thinking trainings with individuals with intellectual and developmental disabilities and family members
- Host monthly, virtual events on improving person-centered practices in Idaho
- Explore the possibility of establishing a website focused on person-centered best practices

- Host an in-person leadership development event for Idaho planning specialists to further inform Idaho person-centered activities and our Community of Practice

**Objective 2.3: Work with partners to ensure that direct support staff receive sustainable and accessible training taught by self-advocates, family members or professionals guided by evidence-based practices**

**Objective 2.3 Activities in Year Two**

- Work with Living Well partners to participate in ongoing Direct Support Professionals workgroups

**Objective 2.4: Build capacity in service systems around cultural and linguistic competency by providing training and technical assistance to state agencies and service providers**

**Objective 2.4 Activities in Year Two**

- Contract with an organization to provide technical assistance to three divisions within the Department of Health and Welfare and the Council to develop language access plans
- Support ongoing meetings between the Culturally Responsive Advisory Group and the Department of Health and Welfare to improve language access

**Objective 2.5: In year 3 of the plan, identify needs and barriers to services in rural Idaho**

**Objective 2.5 Activities in Year Two**

- Work on a plan and connect with partners to prepare assessment of the needs of rural Idaho

**Objective 2.6: In years 4 and 5, work with partners to ensure access to needed services and supports identified by rural Idahoans**

**Objective 2.6 Activities in Year Two**

No activities planned this year.

**Goal 3: By 2026, individuals with intellectual and developmental disabilities and family members have increased their knowledge and skills needed to access the services and supports they need to live meaningful lives in their communities**

**Objective 3.1: Work with partners to develop and provide training for people with disabilities, family members, and other stakeholders to understand what abuse, neglect, and exploitation look like, including how and where to report**

**Objective 3.1 Activities in Year Two**

- With Living Well partners and the Abuse and Neglect workgroup, develop training modules on: assuming competency of and valuing reports from individuals, and being observant in changes in behavior as a sign of abuse

**Objective 3.2: Support individuals with intellectual and developmental disabilities and family members from the Latino community to build awareness and provide education around disability and disability services in their community**

**Objective 3.2 Activities in Year Two**

- Develop plain language, accessible informational materials in English and Spanish on: how do you apply for Medicaid and Developmental Disability services

- Host a one-day conference in Spanish in the Twin Falls area in Spring 2023 to provide information and education to the Latino community about developmental disabilities and how to apply for Medicaid and Developmental Disability services
- Support Latino community members in the Twin Falls area to develop knowledge of developmental disabilities and services available
- Support members of the Culturally Responsive Advisory Group to conduct outreach in faith communities and other Latino community events

**Objective 3.3: Work with partners to provide information and education to support individuals with intellectual and developmental disabilities and family members as they explore employment opportunities, set employment goals, and access the services and supports they need to achieve their goals**

**Objective 3.3 Activities in Year Two**

- Monitor the rollout of career planning and prevocational services and provide accessible, plain language information about these services as they become available

**Objective 3.4: Provide information and education to youth and young adults with intellectual and developmental disabilities and their families on Supported Decision-Making so they have the knowledge and tools needed to successfully transition into adult life**

**Objective 3.4 Activities in Year Two**

- Make Supported Decision-Making publications accessible and available in Spanish
- Support the Culturally Responsive Advisory Group to provide input in the development of a Supported Decision-Making training module that is culturally and linguistically responsive



**Goal 4: During each year of the plan, people with intellectual and developmental disabilities and their families are empowered to share their lived experiences and provide education and information on issues important to them, as they advocate on local, state and/or national level**

**Objective 4.1: Develop leadership of individuals with intellectual and developmental disabilities and family members by hosting three classes of Idaho Partners in Policymaking, including one specifically designed for Latino community members**

**Objective 4.1 Activities in Year Two**

- With the Utah Developmental Disabilities Council and the Utah Center for Persons with Disabilities, develop a Partners in Policymaking program targeting Latino community members to be hosted in Year 3
- Recruit participants for the Partners in Policymaking class to be hosted in Year 3

**Objective 4.2: Maintain a statewide, culturally diverse coalition of people with disabilities and families who are developing their leadership to advocate on policy issues at the local, state, and/or national level**

**Objective 4.2 Activities in Year Two**

- Host a Leadership Academy in September 2023, where members of the Disability Advocacy Network of Idaho learn about policy issues and develop their leadership skills
- Support individuals with developmental disabilities and family members in Fellowships that improve their leadership and community organizing skills
- Recruit new Fellows, working towards having 8 Fellows in different parts of the state by the end of Year 5

- Provide educational opportunities on policy issues to members of the Disability Advocacy Network of Idaho members

**Objective 4.3: Work with partners to develop a sustainable self-advocate train-the-trainer model by September 2023 to conduct statewide training on self-advocacy in all life areas**

**Objective 4.3 Activities in Year Two**

- Facilitate and support the Self-Advocacy Training Implementation Workgroup
- Work with Living Well partners to design topical training modules that include video examples and plain language information

**Objective 4.4: Support individuals with intellectual and developmental disabilities and families to advocate on issues that affect their lives at the local, state, and/or national level and to participate in cross-disability and culturally diverse coalitions**

**Objective 4.4 Activities in Year Two**

- Create plain-language, accessible factsheets in English and Spanish about important legislative issues
- Support individuals with intellectual and developmental disabilities and family members to provide testimony or visit with legislators
- Work with partners to host Fred Riggers Disability Awareness Day at the Capitol, with at least three self-advocates or family members visiting the Capitol to inform their legislators about important issues

**Objective 4.5: During each year of the plan, monitor ongoing and emerging policy issues that affect the lives of people with intellectual and developmental disabilities and family members, inform them of these issues, and promote the Council’s position on these issues**

**Objective 4.5 Activities in Year Two**

- Track upcoming legislative issues and share information on these issues with individuals with intellectual and developmental disabilities and family members
- Provide testimony and inform legislators on issues that affect the lives of people with intellectual and developmental disabilities and family members

**Objective 4.6: During each year of the plan, monitor emerging issues that affect the lives of people with intellectual and developmental disabilities and family members, provide information and resources to individuals with intellectual and developmental disabilities and family members when needed, and promote the Council’s position on these issues**

**Objective 4.6 Activities in Year Two**

- If important issues emerge that affect the lives of people with intellectual and developmental disabilities and family members, provide information, resources and support, and advocate on their behalf