



IDAHO COUNCIL ON
DEVELOPMENTAL
DISABILITIES

2024 Annual Work Plan

Year Three of the Five-Year Plan

October 1, 2023 – September 30, 2024

Draft approved by the Council on 7/28/2022

Revisions approved by the Council on 7/20/2023

Goal 1: During each year of the plan, individuals with intellectual and developmental disabilities and family members inform and direct changes in service systems, resulting in higher quality of services that better meet the needs of individuals with intellectual and developmental disabilities by 2026

Objective 1.1: Support individuals with intellectual and developmental disabilities and family members to lead in defining developmental disability Home and Community-Based Services in collaborative meetings

Objective 1.1 Activities in Year Three

- Support individuals with developmental disabilities and family members to participate in Community NOW! and other meetings about Home and Community-Based Services
- Ensure that all meeting materials are provided in an accessible and plain language format
- Participate in the Community NOW! Core Team and support Core Team members to participate in Core Team meetings
- Provide leadership development to support 5 Community NOW! members to learn the skills of facilitating meetings

Objective 1.2: Support members of the Latino community to provide recommendations to improve access to service systems to meet the needs of Latino families and individuals with intellectual and developmental disabilities

Objective 1.2 Activities in Year Three

- Ensure that all Community NOW! materials are provided in Spanish

- Host pre-meetings before each Community NOW! meeting to help Latino Community NOW! members prepare for the meetings
- Host post-meetings after each Community NOW! meeting for Latino Community NOW! members to check for understanding, discuss information provided, and collect recommendations
- Support Community NOW! members from the Latino community to actively participate in meetings
- Conduct outreach in the Latino community to identify individuals with intellectual and developmental disabilities and family members to become part of Community NOW!

Objective 1.3: Develop state quality indicators defined by individuals with intellectual and developmental disabilities and family members for Home and Community-Based Services

Objective 1.3 Activities in Year Three

- Review and compile quality indicators for Home and Community-Based Services that have been defined by Community NOW! members
- Prepare for a Delphi study to be conducted in Year 4, that will aim to achieve consensus on state quality indicators defined by individuals with intellectual and developmental disabilities and family members

Objective 1.4: Advocate for changes in service systems to align with quality indicators identified by individuals with intellectual and developmental disabilities and family members

Objective 1.4 Activities in Year Three

No activities planned this year.

Objective 1.5: Identify gaps in services and make recommendations based on best practices to inform policy resulting in improved access to reporting of abuse, neglect, and exploitation

Objective 1.5 Activities in Year Three

- Work with Living Well partners to facilitate a final Abuse and Neglect workgroup meeting
- Present the final recommendations of the Abuse and Neglect workgroup to Community NOW!
- Contract with Boise State University's Criminal Justice Division to conduct a third study related to abuse, neglect, and exploitation of people with disabilities on the incidence level of victimization of people with disabilities and best practices in responding and providing services
- Participate in the leadership team to inform the work of the studies conducted by Boise State University's Criminal Justice Division
- Inform the 2024 Idaho Legislature about the findings of studies and Living Well recommendations regarding abuse, neglect, and exploitation of people with disabilities
- Collaborate with the Domestic Violence Council and the Child Advocacy Centers to develop protocols and best practice training to conduct forensic interviews for adults with developmental disabilities

Goal 2: By 2026, service systems have increased their capacity to provide quality services, so individuals with intellectual and developmental disabilities and family members have access to services that meet their needs and preferences

Objective 2.1: Work with partners to build capacity in mental health services and supports available to children and adults who experience the dual diagnosis of mental illness and intellectual or developmental disability

Objective 2.1 Activities in Year Three

- Work with the Department of Health and Welfare to support the START model for individuals with a dual diagnosis, family members, and mental health clinicians

Objective 2.2: Work with partners to establish a state-level person-centered community of practice

Objective 2.2 Activities in Year Three

- Host 6 Person Centered Thinking training sessions
- Host monthly, virtual events on improving person-centered practices in Idaho
- Provide Skill Building training for 150 person-centered planners
- Provide My Charting the LifeCourse training series for 50 individuals with developmental disabilities and family members
- Host two in-person summits to build the capacity of the person-centered community of practice
- Host two Charting the LifeCourse Ambassador training series for up to 30 Spanish speaking family members and professional planners
- Provide stipends and travel support to active community of practice participants to attend training opportunities that build their capacity

Objective 2.3: Work with partners to ensure that direct support staff receive sustainable and accessible training taught by self-advocates, family members or professionals guided by evidence-based practices

Objective 2.3 Activities in Year Three

- Work with Living Well partners to participate in ongoing Direct Support Professionals workgroups

Objective 2.4: Build capacity in service systems around cultural and linguistic competency by providing training and technical assistance to state agencies and service providers

Objective 2.4 Activities in Year Three

- Support ongoing meetings between the Latino Council Members and the Department of Health and Welfare to improve language access and cultural competence in services
- Contract with an organization to provide technical assistance to three divisions within the Department of Health and Welfare and the Council to develop language access plans

Objective 2.5: In year 3 of the plan, identify needs and barriers to services in rural Idaho

Objective 2.5 Activities in Year Three

- Conduct needs assessment study in rural Idaho

Objective 2.6: In years 4 and 5, work with partners to ensure access to needed services and supports identified by rural Idahoans

Objective 2.6 Activities in Year Three

No activities planned this year.

Goal 3: By 2026, individuals with intellectual and developmental disabilities and family members have increased their knowledge and skills needed to access the services and supports they need to live meaningful lives in their communities

Objective 3.1: Work with partners to develop and provide training for people with disabilities, family members, and other stakeholders to understand what abuse, neglect, and exploitation look like, including how and where to report

Objective 3.1 Activities in Year Three

No activities planned this year.

Objective 3.2: Support individuals with intellectual and developmental disabilities and family members from the Latino community to build awareness and provide education around disability and disability services in their community

Objective 3.2 Activities in Year Three

- Support Latino Council Members to conduct outreach at Latino community events
- Host two workshops in Spanish in the Magic Valley area about Social Security and Developmental Disability Services
- Provide sponsorships for events hosted by organizations serving the Latino community

Objective 3.3: Work with partners to provide information and education to support individuals with intellectual and developmental disabilities and family members as they explore employment opportunities, set employment goals, and access the services and supports they need to achieve their goals

Objective 3.3 Activities in Year Three

- Monitor the rollout of career planning and prevocational services and provide accessible, plain language information about these services as they become available

Objective 3.4: Provide information and education to youth and young adults with intellectual and developmental disabilities and their families on Supported Decision-Making so they have the knowledge and tools needed to successfully transition into adult life

Objective 3.4 Activities in Year Three

- Make Supported Decision-Making publications accessible and available in Spanish
- Promote Supported Decision-Making modules in English and Spanish that were created as part of the Living Well grant

Goal 4: During each year of the plan, people with intellectual and developmental disabilities and their families are empowered to share their lived experiences and provide education and information on issues important to them, as they advocate on local, state and/or national level

Objective 4.1: Develop leadership of individuals with intellectual and developmental disabilities and family members by hosting three classes of Idaho Partners in Policymaking, including one specifically designed for Latino community members

Objective 4.1 Activities in Year Three

- With the Utah Developmental Disabilities Council and the Utah Center for Persons with Disabilities, host Lideramos Juntos, a leadership development program for Latino community members

Objective 4.2: Maintain a statewide, culturally diverse coalition of people with disabilities and families who are developing their leadership to advocate on policy issues at the local, state, and/or national level

Objective 4.2 Activities in Year Three

- Support individuals with developmental disabilities and family members in Fellowships that improve their leadership and community organizing skills
- Provide educational opportunities on policy issues to members of the Disability Advocacy Network of Idaho members
- Host Community Conversations in three different areas in September 2024, which facilitate conversations between legislators and individuals with intellectual and developmental disabilities and family members

Objective 4.3: Work with partners to develop a sustainable self-advocate train-the-trainer model by September 2025 to conduct statewide training on self-advocacy in all life areas

Objective 4.3 Activities in Year Three

- Work with Living Well partners to design topical training modules that include video examples and plain language information

Objective 4.4: Support individuals with intellectual and developmental disabilities and families to advocate on issues that affect their lives at the local, state, and/or national level and to participate in cross-disability and culturally diverse coalitions

Objective 4.4 Activities in Year Three

- Create plain-language, accessible factsheets in English and Spanish about important legislative issues
- Support individuals with intellectual and developmental disabilities and family members to provide testimony or visit with legislators
- With “Our Care Can’t Wait” coalition partners, host an advocacy workshop, with at least 15 self-advocates and 25 family members attending
- Work with partners to host Fred Riggers Disability Awareness Day at the Capitol, with at least 15 self-advocates and 25 family members visiting the Capitol to inform their legislators about the direct support workforce crisis
- Collaborate with the State Independent Living Council to host Lunch and Learn series for people with disabilities and family members to share timely policy information and support
- Support up to four individuals with developmental disabilities and family members to attend the Disability Policy Seminar in Washington, DC

Objective 4.5: During each year of the plan, monitor ongoing and emerging policy issues that affect the lives of people with intellectual and developmental disabilities and family members, inform them of these issues, and promote the Council’s position on these issues

Objective 4.5 Activities in Year Three

- Track upcoming legislative issues and share information on these issues with individuals with intellectual and developmental disabilities and family members
- Provide testimony and inform legislators on issues that affect the lives of people with intellectual and developmental disabilities and family members
- Collaborate with the “Our Care Can’t Wait” Coalition to implement the Office of Performance Evaluations recommendations from the 2023 Sustainability of Idaho’s Direct Care Workforce report
- Develop a digital and printable publication to educate policymakers and state partners about experiences with Home and Community Based Services and the direct support professional shortage

Objective 4.6: During each year of the plan, monitor emerging issues that affect the lives of people with intellectual and developmental disabilities and family members, provide information and resources to individuals with intellectual and developmental disabilities and family members when needed, and promote the Council’s position on these issues

Objective 4.6 Activities in Year Three

- If important issues emerge that affect the lives of people with intellectual and developmental disabilities and family members, provide information, resources and support, and advocate on their behalf