

3-Week Training - May 5-21, 2021

Person-Centered Thinking TRAINING

In this training you will learn:

- ★ The importance of being listened to and how to help people have positive control over their lives
- ★ The role of daily rituals and routines
- ★ How to discover what is important to people
- ★ How to support choice and respectfully address issues of health and safety
- ★ How to develop goals that help people get more of what is important to them

PCT skills help us get to know people, discover how to support them, and keep learning from the person along the way.

This free web-based training is provided over three weeks as a six-part series of 3-hour modules through video conference.

Trainers are Lydia Dawson and Natali Pellens.

3-hr sessions | 2 days/week | 3 weeks

Wednesdays & Fridays - 10am-1pm Mountain (9am-12pm Pacific)

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Person-Centered Thinking (PCT) skills and tools put into action why most of us are here - **to help people live their best lives.**

This interactive training will focus on:

- PCT Discovery Skills that help us better know the person and how they want to be supported
- PCT Everyday Learning Skills to capture ongoing learning and support for the person to create a life they envision
- How to respectfully address issues of health and safety, from different viewpoints and empower the person to maintain control



Class size is limited to 20 participants.

Please register only if you are able to attend all 6 sessions.

Register for this training no later than April 29, 2021

Use this link to register: <https://forms.gle/skFhdvfSp66KrTBRA>

Questions? Contact:

Tracy Warren tracy.warren@icdd.idaho.gov or call 208-577-2634

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