



Idaho COVID-19 Vaccine Plain Language Guide



What is a COVID-19 vaccine?

It is a shot with medicine. It helps keep you from getting sick with COVID-19.



Which COVID-19 vaccine is the best?

Any of the shots help keep you from getting sick with COVID-19. Some vaccines need two shots to work and some only need one shot.

- Moderna = two shots (age 16 or older)
- Pfizer = two shots (age 16 or older)
- Johnson & Johnson = one shot (must be age 18 or older)



Do I have to get the vaccine?

No, it is your choice. Talk to someone you trust, like a family member, friend, or doctor if you have questions.



When can I get a shot?

It depends on your age and if you have a health condition or disability. The dates below may change.

- People with a disability ages 45 or older can get their shots now.
- People with a disability ages 16 and older can get their shots starting March 29.
- Everyone over the age of 16 can get their shots starting April 5th.



Do I need to show something that says I have a disability?

No.



How much does the vaccine cost?

Nothing. The vaccine is free. Bring your insurance card if you have insurance.



What are my rights?

You have the right to get a COVID-19 vaccine if you want one.



How do I get the vaccine?

You need to make an appointment. Call your doctor or go to <https://healthandwelfare.idaho.gov/covid-19-vaccination> to see where you can schedule your vaccine.



What do I need to bring to my vaccine appointment?

You may need to bring **ONE** of the things below:

- A letter with your name and address
- A utility bill with your name and address
- A letter from your work, school, church, or other agency that says you live or work in Idaho
- A state or school photo ID



What should I expect at the vaccine appointment?

Wear a mask to your appointment. You will get a card that shows you got your COVID-19 vaccine. Keep that card in a safe place. Bring the card to your second appointment. You will have to wait for 15 – 30 minutes after your shot to make sure you are okay.



Will I get sick from the vaccine?

Some people feel sick and some do not. If you feel bad, it is often only for a day or two.

- You may have a sore arm
- You may feel tired
- You may have a headache, fever or feel cold
- You may feel sick to your stomach



Do I still need to wear a mask after my vaccine?

Yes, you need to wear a mask. You could make other people sick even if you have had the vaccine.

