



Oak Packet

2020 Annual Work Plan

October 1, 2019 to September 30, 2020

Year Four of the Five-Year Plan

**REVISED November 2018 for ILW Grant
Presented and approved at the October 2019 Council meeting**

REVISED December 2019

Goal 1: Adults with intellectual/developmental disabilities experience improved quality in Home and Community Based Services

Objective 1.1

Recruit and support individuals with intellectual/developmental disabilities and family members, to participate in collaborative stakeholder meetings to review and-define Home and Community-Based (HCBS) developmental disability services and develop state quality indicators by October 2020 that will affect ongoing quality assurance activities for HCBS.

Activities

Year 4 (Oct 1, 2019 – Sept 30, 2020)

- **Working with Idaho Living Well (ILW) Grant partners, support individuals with I/DD and family members, including those from the Latinx community, to participate in Community NOW! activities**
- **Provide information to state agencies and policymakers at the state and federal level about the importance of quality Medicaid Home and Community-Based Services**
- **Build awareness within Community NOW! about cultural competence**
- **Support Culturally Responsive Advisory Group members to be fully included and integrated in Community NOW!**
- **Support and facilitate the Community NOW! Advocate Advisory Committee**
- **Support Cultural Broker activities in educating Latinx families, youth and (young) adults about advocacy/self-advocacy and Home and Community-Based Services**

Goal 1: Adults with intellectual/developmental disabilities experience improved quality in Home and Community Based Services

Objective 1.2

Working with the Idaho Department of Health and Welfare, service providers, individuals with disabilities and families, develop and implement a plan for organizational change and support staff development in person centered practices by September 2021.

Activities

Year 4 (Oct 1, 2019 – Sept 30, 2020)

- Work with Living Well Grant partners to develop a plan for a direct support staff professional development model aligned to person-centered practices
- Conduct four two-day Person-Centered Thinking Bootcamp trainings for direct support professionals

Objective 1.3

Work with individuals with disabilities, their families, and other partners on systems change and policy development so that by July 2021, people with intellectual/developmental disabilities have access to Medicaid person-centered planning (PCP) services provided by trained, qualified PCP specialists by July 2021.

Activities

Year 4 (Oct 1, 2019 – Sept 30, 2020)

- Develop policy and system infrastructure for PCP services through the Community NOW! initiative
- Develop and establish PCP Facilitator qualifications and related training model
- Provide Person-Centered Thinking Training to individuals and family members in four locations

Goal 1: Adults with intellectual/developmental disabilities experience improved quality in Home and Community Based Services

Objective 1.4

Work with the Idaho Department of Health and Welfare to build capacity in mental health services available to individuals who experience the dual diagnosis of mental illness and intellectual/developmental disability by July 2021.

Activities

Year 4 (Oct 1, 2019 – Sept 30, 2020)

- **Collaborate with IDHW to update the current managed care mental health contract, making sure the voices of individuals with a dual diagnosis are heard**
- **Conduct a research study to identify the impact of Skills System training for clinicians**
- **Sponsor Dr. Karyn Harvey to present at the NAMI conference in Boise, and sponsor two clinicians to attend the conference**
- **Work on improved services for individuals with dual diagnosis through Community NOW!**
- **Support the current Council Chair to serve on the Advisory Board of the Mental Health and Developmental Disabilities National Training Center**

Goal 2: Youth and young adults with intellectual/ developmental disabilities transition from school into an adult life that includes competitive integrated employment, community engagement, and full citizenship.

Objective 2.1

Each year of the plan, provide/support education and training for families, teachers, and other team members, to increase the number of youth/young adults with intellectual/developmental disabilities who experience a gift-focused and strength-based assessment and planning process.

Activities

Year 4 (Oct 1, 2019 – Sept 30, 2020)

- **Create and distribute Supported Decision-Making information for families, youth, young adults and others**
- **Support the development of communication strategies for strength-based assessment and planning with individuals with I/DD who experience communication barriers**
- **Participate in the planning of the Transition Institute and Secondary Transition Council**

Goal 2: Youth and young adults with intellectual/ developmental disabilities transition from school into an adult life that includes competitive integrated employment, community engagement, and full citizenship.

Objective 2.2

By September 2021, increase the percentage of youth/young adults with intellectual/developmental disabilities that achieve competitive integrated employment in the community by working with Workforce Innovation and Opportunity Act partners and Medicaid to implement best practice in customized employment.

Activities

Year 4 (Oct 1, 2019 – Sept 30, 2020)

- **Advocate for implementation of Customized Employment Services**
- **Inform policymakers about the importance of supporting individuals to achieve their employment goals**

Goal 3: Leaders with intellectual/developmental disabilities are engaged with other people with disabilities and families in a statewide coalition that has a strong, collective voice on policy issues and systems change.

Objective 3.1

Build the capacity of individuals and parents to advocate, lead, and mentor others by providing leadership development and advocacy training to adults with intellectual/developmental disabilities and parents of children with intellectual/developmental disabilities.

Activities

Year 4 (Oct 1, 2019 – Sept 30, 2020)

- **Work with Idaho Living Well (ILW) grant partners to support a Self-Advocacy Training Workgroup to develop a plan for sustaining a self-advocacy training model**
- **Work with ILW partners to establish Self-Advocacy Training Coordinator position, recruit Coordinator**

Goal 3: Leaders with intellectual/developmental disabilities are engaged with other people with disabilities and families in a statewide coalition that has a strong, collective voice on policy issues and systems change.

Objective 3.2

By September 2019, establish a statewide, culturally diverse coalition of people with disabilities and families who have been trained and are supported each following year of the plan to advocate at the local and state level on policy issues.

Activities

Year 4 (Oct 1, 2019 – Sept 30, 2020)

- **Work with contractor to support activities of the statewide policy coalition.**
- **Support 7 Coalition members in a fellowship focused on local community organizing**
- **Provide information to coalition members about policy issues and opportunities to participate in systems change efforts**
- **Ongoing outreach to Latinx community about policy involvement and mentoring of interested individuals in policy activities**
- **Organize Fred Riggers Disability Awareness Day at the State Capitol**
- **Provide Coalition members with the (communication) support needed to fully engage in Coalition activities**