



Sequoia Packet

2021 Annual Work Plan

October 1, 2020 to September 30, 2021

Year Five of the Five-Year Plan

Approved by the Council in September 2020

Goal 1: Adults with intellectual/developmental disabilities experience improved quality in Home and Community Based Services

Objective 1.1: Recruit and support individuals with intellectual/developmental disabilities and family members, to participate in collaborative stakeholder meetings to review and-define Home and Community-Based (HCBS) developmental disability services and develop state quality indicators by September 30, 2021, that will affect ongoing quality assurance activities for HCBS.

Objective 1.1 Activities Year 5 (Oct 1, 2020 – Sept 30, 2021)

- Provide information to policymakers at the state and federal level about the importance of Medicaid Home and Community-Based Services
- Work with Living Well partners to develop quality assurance activities and make recommendations for system improvement aligned to quality indicators
- Support individuals with developmental disabilities and family members to participate in Community NOW!
- Support individuals with developmental disabilities and family members from the Latinx community to participate in the Culturally Responsive Advisory Group and provide recommendations to Community NOW!
- Provide training to Community NOW! members, DD Network partners, state agency staff and Council members on cultural competency and language access
- Contract with an organization to conduct a study on individuals' and family members' experiences reporting abuse, neglect and financial exploitation
- Contract with an organization to conduct a study on agencies who receive incident reports regarding abuse, neglect and exploitation, and their process for investigating and responsiveness to reporters
- Working with Living Well partners, facilitate ongoing Abuse and Neglect workgroups

Objective 1.2: Working with the Idaho Department of Health and Welfare, service providers, individuals with disabilities and families, develop and implement a plan for organizational change and support staff development in person centered practices by September 2021.

Objective 1.2 Activities Year 5 (Oct 1, 2020 – Sept 30, 2021)

- Work with Living Well partners to develop a plan for a direct support professional development model based on person centered practices and identified quality indicators
- Working with Living Well partners to participate in ongoing Direct Support Professionals workgroups

Objective 1.3: Work with individuals with disabilities, their families, and other partners on systems change to create a person-centered Medicaid service system and conduct capacity building activities through September 2021 so that people with intellectual/developmental disabilities have access to person-centered planning and practices provided by trained professionals, direct support staff, and informal supporters.

Objective 1.3 Activities Year 5 (Oct 1, 2020 – Sept 30, 2021)

- Develop policy and system infrastructure for PCP services through the Community NOW initiative
- Inform policymakers and other stakeholders about best practice in a person-centered planning and services
- Contract with an organization to provide online PC Thinking training to at least 60 participants (individuals with I/DD, family members, service providers, and others)
- Identify 8 PC Thinking training participants who will become PC Thinking trainers and provide Train the Trainer
- Support an Idaho Charting the LifeCourse Ambassadors training program for selected people

Objective 1.4: Work with the Idaho Department of Health and Welfare to build capacity in mental health services available to individuals who experience the dual diagnosis of mental illness and intellectual/developmental disability by July 2021.

Objective 1.4 Activities Year 5 (Oct 1, 2020 – Sept 30, 2021)

- Work with IDHW to develop system infrastructure and policy for implementation of services to support people with dual diagnosis
- Conduct a research study with individuals with dual diagnosis, family members and mental health clinicians to identify barriers and training needs to mental health services for people with a dual diagnosis
- Produce a report on results from the research study on barriers and training needs
- Based on research results, provide online training to individuals with dual diagnosis, family members and mental health clinicians on topics that are identified as the greatest needs

Goal 2: Youth and young adults with intellectual/developmental disabilities transition from school into an adult life that includes competitive integrated employment, community engagement, and full citizenship.

Objective 2.1: Each year of the plan, provide/support education and training for families, teachers, and other team members, to increase the number of youth/young adults with intellectual/developmental disabilities who experience a gift-focused and strength-based assessment and planning process.

Objective 2.1 Activities Year 5 (Oct 1, 2020 – Sept 30, 2021)

- Work with partners to support Supported Decision-Making training and activities
- Provide information to families, youth and young adults about advocacy/self-advocacy in transition planning and employment
- Collaborate with Idaho Transition Team to provide education to teachers, family members and students on how to conduct person-centered transition planning that includes Supported Decision-Making

Objective 2.2: By September 2021, increase the percentage of youth/young adults with intellectual/developmental disabilities that achieve competitive integrated employment in the community by working with Workforce Innovation and Opportunity Act partners and Medicaid to implement best practice in customized employment.

Objective 2.2 Activities Year 5 (Oct 1, 2020 – Sept 30, 2021)

- Support individuals and family members to provide their input in the public comment process around the Extended Employment Services program rules
- Host a public comment session for Spanish speakers around the Extended Employment Services program rules
- Collaborate with Idaho Division of Vocational Rehabilitation to host an educational webinar in Spanish on the VR program and the Extended Employment Services program
- Participate in State Board of Education Extended Employment Services Program work group

Goal 3: Leaders with intellectual/developmental disabilities are engaged with other people with disabilities and families in a statewide coalition that has a strong, collective voice on policy issues and systems change.

Objective 3.1: Build the capacity of individuals and parents to advocate, lead, and mentor others by providing leadership development and advocacy training to adults with intellectual/developmental disabilities and parents of children with intellectual/developmental disabilities.

Objective 3.1 Activities Year 5 (Oct 1, 2020 – Sept 30, 2021)

- Create a hybrid (online and in person) Idaho Partners in Policymaking program
- Promote and prepare for 2021-2022 Partners in Policymaking program
- Support and facilitate the Self Advocacy Training Implementation Workgroup
- With the Self Advocacy Training Implementation Workgroup and other ILW partners, develop content for training modules and create training materials for the self-advocacy train-the-trainer model
- With ILW partners, recruit statewide training coordinator
- Contract with an organization to provide technology and training to individuals with I/DD and family members on using the technology to develop leadership skills and engage in public policy

Objective 3.2: By September 2019, establish a statewide, culturally diverse coalition of people with disabilities and families who have been trained and are supported each following year of the plan to advocate at the local and state level on policy issues.

Objective 3.2 Activities Year 5 (Oct 1, 2020 – Sept 30, 2021)

- Coordinate and organize activities of the statewide advocacy coalition.
- Support 5 Coalition members in a fellowship focused on local community organizing
- Provide information to coalition members about policy issues and opportunities to participate in systems change efforts.
- Meet with DD Network Partners quarterly to review progress and explore additional strategies to strengthen individual and family leadership in Idaho
- Ongoing outreach to Latinx community about policy involvement and mentoring of interested individuals
- Provide training on policy issues to Coalition members
- Organize a Leadership Academy in the summer of 2021, where Coalition members can learn about policy issues and develop their leadership